



*Gardens offer so much more than just fruit and vegetables. They also grow our sense of community belonging as well as cultivating the sharing of stories, skills and produce.*

Many of Point Cook's school children expressed the importance of gardens in the area to bring together the local community in a healthy, happy and productive experience.

Growing fruit and vegetables cultivates opportunities for sharing knowledge, stories and skills as well as produce. It is one of the ways in which we build sustainable and healthy communities.